



charter:walk  
shopping centre

Hello

charter:walk  
shopping centre

**The person I am with  
has autism.**

People who have autism experience the world differently and may react to certain social situations in an unusual way. They may not understand everything that is said to them, even if it appears they do. They can be passionately interested in a particular subject and may talk about this a lot or become really engrossed in an activity or object.

The world can sometimes be a scary place when you have autism. Busy, crowded places can be over stimulating with lots of different noises, sights and smells. This can make them feel scared and anxious and they may behave in a way that could be difficult to understand.

charter:walk  
shopping centre

**Please be understanding and patient.  
Speaking too much can make me feel  
worse. Please allow me some time and  
space to compose myself.**

---

**Thank you.**